

Further Medical Care

It is important that you register with a General Practitioner (GP) in the area where you live as soon as you can.

The clinic doctor will send your personal medical records to you once all the tests results are back – you should take these to your GP.

Please take care of your medical records – it is an important document that contains your personal medical details.

The clinic doctor may refer you to a hospital for further treatment. The clinic will give the hospital your address and they will send you a letter with the time and date of your appointment.

It is your responsibility to attend any appointment.

Please remember that there could be a long waiting list for a hospital appointment, unless you need urgent medical attention. You might have to wait several months to be seen.

Refugee Health Screening Service

Participation in the free health screening provided by Public Health is strongly advised but not compulsory. This screening is not an Immigration New Zealand Medical Examination (Form INZ 1007).

The health screening will be carried out by a clinic doctor who will advise you on what health screening is needed and refer you to other health services if necessary.

You need to make an appointment before you come to the screening clinic. Phone (09) 276 6719 to arrange your appointment.

Please inform the screening clinic if you require an interpreter. You can request a male or female interpreter and a specific dialect of your language. Interpreters will be provided free of charge.

Health Tests

Tests are done to check your health. If there are any problems you may be prescribed medication by the screening clinic or referred to a hospital or back to your General Practitioner (GP) for follow up.

Please tell the doctor when you arrive at the clinic, if you:

- Suffer from any illness or diseases
- Take any medicine (*please bring these with you*)
- Have any health concerns
- Have any medical records or X-rays (*please bring these with you*)
- Are pregnant or think you might be pregnant

The Health Screening

The clinic doctor will take a medical history and complete a physical examination. You may be given laboratory forms for some health tests. Tests are done at a community based laboratory.

Health Tests

Blood test:

Blood is taken to check for anaemia, infections diseases and levels of some essential minerals and vitamins. The blood tests are done at a community based laboratory.

Urine test:

Urine is tested for infection.

Stool (Faeces) test

Stools are tested for parasites and other infections. One sample each day for three days is needed and must be dropped off at a community based laboratory. Sometimes further samples may be necessary.

Tuberculosis (TB) test

A skin test may done for children under 16 years. This is called a Mantoux test and it looks for exposure to TB. If the test is positive, children are referred to a hospital clinic for further investigation or treatment.

Chest X-ray

Anyone over 11 years, except for pregnant women, will need to have a chest x-ray to check for TB. This is taken either at Middlemore Hospital, Greenlane Clinical Centre or North Shore Hospital.

Please Note

It is important for your health that if you come for the medical screening that you complete the tests the doctor specifies.

Medical Information

All medical information is confidential between you and the clinic doctor who carries out your screening. The clinic doctor will refer you to other health services if required or ask you to return to the screening clinic for further consultation. Referrals are only made with your agreement.

The clinic doctor will inform the Refugee Status Branch at Immigration NZ that you have initiated your free health screening consultation. Medical information will not be disclosed.